Hampton Roads Academy

Think • Explore • Discover

2024-2025 SCHOOL PROFILE
CEEB CODE: 471533

739 Academy Lane, Newport News, VA 23602
(757) 884-9100 | WWW.HRA.ORG

THE MISSION

Hampton Roads Academy is an inclusive community of service and compassion that prepares students to excel intellectually, artistically, physically and morally for higher education and for life.

JAMES H. LASLEY
Head of School

BENJAMIN ROUS
Assistant Head of School, Head of Upper School
brous@hra.org / (757) 884-9389

ELIZABETH CAVALLARI
Director of College Counseling
ecaval@hra.org / (757) 884-9386

KIM R. DAVIS
Registrar, College Counseling Coordinator
kRdavis@hra.org / (757) 884-9163

ASSOCIATE DIRECTOR OF COLLEGE COUNSELING
Laurie Hager lhager@hra.org

COLLEGE COUNSELORS
Jennifer Clemons jclemon@hra.org
Jeremy Clover jclove@hra.org
Kate Goddin kgoddi@hra.org
Chris Hailey chaile@hra.org

ACCREDITATION

Virginia Association of Independent Schools

MEMBERSHIPS

Association of College Counselors in Independent Schools
National Association for College Admission Counseling
Potomac and Chesapeake Association for College Admission Counseling

THE SCHOOL AND STUDENTS

Hampton Roads Academy is an independent, co-educational, college-preparatory day school serving approximately 610 students in grades Pre-K through twelve. The school's inclusive mission attracts and welcomes students from across a broad range of racial, ethnic, cultural and socio-economic backgrounds. The average class size is 16, and there are 48 students in the Class of 2025.

We aim to cultivate well-rounded, independent learners who are prepared for the rigors of college and beyond. By fostering critical thinking, problem-solving skills, and a sense of responsibility, we ensure that students are equipped to navigate both academic and real-world challenges with confidence and competence.

ACADEMIC MEMBERSHIPS

Cum Laude Society since 1971
French Honor Society
Latin Honor Society
Spanish Honor Society
Mu Alpha Theta Mathematics Honor Society
National Art Honor Society
Tri-M Music Honor Society

CLASS RANK

We believe the student experience cannot be captured in a class ranking; therefore, we do not rank. A grade distribution is provided to assist in the evaluation of academic performance.

EXTRACURRICULAR LIFE

With thirty-two (32) athletic teams and over twenty (20) clubs and student organizations, Hampton Roads Academy encourages development in all aspects of a student's life.

COMMUNITY SERVICE REQUIREMENT

There is a forty (40) hour community service requirement, though most students go well beyond it.

THE HONOR SYSTEM

The Honor Council at Hampton Roads Academy administers the Honor Code to foster a trustworthy community, nurture individual integrity and encourage personal responsibility in students.

GRADUATION REQUIREMENTS
22 academic credits as follows:

English - 4, History - 3.5, Math - 3, Science - 3, Fine Arts - 1.5, Foreign Language - 3, Physical Education - 1.5*, Electives - 2.5

*P.E. requirements can be met both through classroom and athletic team participation.

STATEMENT ON ADVANCED PLACEMENT AND HONORS COURSES

We recommend students take no more than three (3) Advanced Placement (AP) and Honors courses in the junior year and three (3) in the senior year. All AP-enrolled students sit for the corresponding examination. AP and Honors courses are not offered in the freshman year. Honors courses are available in math and science, as well as AP World History, in the sophomore year. GPA weighting is 0.66 for an AP course and 0.33 for an Honors course.

19 ADVANCED PLACEMENT COURSES OFFERED IN:

- Biology (double block)
- Chemistry (double block)
- Environmental Science
- Physics 1 & 2
- Calculus BC
- Statistics
- Comparative Government
- Psychology
- U.S. Government & Politics
- U.S. History
- World History
- Language and Composition
- Literature & Composition
- 2D Art Design
- Studio Art Drawing
- French
- Latin
- Spanish

HONORS COURSES ARE OFFERED IN:

- Algebra II/Trigonometry
- Calculus (students are prepared to sit for the AP Calculus AB exam)
- Photo Design and Drawing
- Multivariable Calculus (the highest math class offered)
- Pre-Calculus
- Spanish
- Latin
- Chemistry
- French

AP RESULTS

YEARS	NUMBER OF STUDENTS	NUMBER OF EXAMS	3	4	5
2024	99	240	68	78	56
2023	104	244	79	60	64
2022	119	277	102	82	43
2021	123	282	88	83	36
2020	111	243	48	60	34

SAT/ACT

CLASS OF	MID 50% RANGE SAT	MID 50% ACT COMPOSITE SCORE
2024	1170-1310	26-29
2023	1130-1380	25-32
2022	1110-1370	21-27
2021	1130-1450	27-31
2020	1140-1430	22-30

SIGNATURE PROGRAMS

CHRISTOPHER NEWPORT UNIVERSITY SUMMER RESEARCH FELLOWS

Each spring interested students apply to participate in the Christopher Newport University (CNU) Summer Scholars undergraduate research program in a wide variety of academic disciplines. Selected applicants then join a research team composed of a CNU faculty member and student. The culmination of the program is the presentation of the completed research at a symposium on the CNU campus.

THE PHILANTHROPY COMMITTEE

The Philanthropy Committee teaches students how to evaluate grant requests and fund the various projects of local organizations. Students not only learn about the challenges faced by community non-profits, but they also learn how to determine proposed project viability based on sustainability, management, and story. The culmination of the Philanthropy Committee experience is the funding of local, non-profit projects.

REAL-WORLD EXPERIENCE AND ACADEMIC CHOICE (REACH) INITIATIVE

The REACH Initiative enables students to engage in real-world learning through mentorships, internships, summer jobs, and community engagement, as well as offering students with an identified passion the opportunity to pursue a directed course of academic study in one of five focus areas: Applied Science and Technology, Environmental Science and Outdoor Leadership, Global Studies, Health Science, and the Fine Arts.

RESEARCH METHODS AND BACE CERTIFICATION

The Research Methods class is a class designed to teach, encourage, and guide students as they conduct and present original research. In addition to generating their own, original work, students work on projects in partnership with universities around the country.

Students who take the Research Methods class are also eligible to participate in our Biotechnician Assistant Credentialing Exam (BACE) program. Successful completion of this certification program gives students the skills and credentials they need for employment in the bio tech laboratory.

THE SENIOR PROJECT

Required of all seniors, the Senior Project asks students to identify an interest or passion beyond the school's curriculum, focus that identified interest into a proposal for sustained intellectual inquiry, and then execute the proposal over a protracted period (at least three months). The Senior Project culminates in a public presentation of the project.

COLLEGE ACCEPTANCES FOR THE CLASSES OF 2019-2023

Allegheny College
American University
Appalachian State University
Arcadia University
Arizona State University
Auburn University
Averett University
Babson College
Bates College
Baylor University
Belmont University
Boston College
Boston Conservatory at Berklee
Boston University
Brandeis University
Bridgewater College
Brown University
Bryn Mawr College
Bucknell University
Butler University
California Polytechnic State University, San Luis Obispo
Case Western Reserve University
Catholic University of America
Centre College
Chatham University
Christopher Newport University
Clarks Summit University
Clemson University
Cleveland Institute of Art
Coastal Carolina University
Colby College
Colgate University
College of Charleston
College of the Holy Cross
Colorado School of Mines
Columbia College Chicago
Cooper Union for the Advancement of Science & Art
Creighton University
Dartmouth College
Davidson College
DePaul University
Dickinson College
Drexel University
East Carolina University
Elon University
Emerson College
Emmanuel College
Emory & Henry College
Emory University
Fairfield University
Fayetteville State University
Ferrum College
Florida Atlantic University
Florida Gulf Coast University
Florida State University
Fordham University
Franklin and Marshall College
Full Sail University
Furman University
George Mason University
George Washington University

Georgetown University
Georgia Institute of Technology
Georgia State University
Gettysburg College
Hamilton College
Hampden-Sydney College
Hampton University
Hawaii Pacific University
High Point University
Hofstra University
Hollins University
Howard University
Illinois Institute of Technology
Indiana University Bloomington
Ithaca College
Jackson State University
James Madison University
La Salle University
Lehigh University
Liberty University
Long Island University
Longwood University
Loyola University Chicago
Loyola University Maryland
Lycoming College
Marist College
Marshall University
Mary Baldwin University
Maryland Institute College of Art
Marymount Manhattan College
Marymount University
Massachusetts College of Art and Design
Massachusetts Institute of Technology
McDaniel College
McGill University
Mercer University
Miami University
Michigan State University
Middlebury College
Millersville University of Pennsylvania
Mississippi State University
Muhlenberg College
New York University
Norfolk State University
North Carolina Central University
North Carolina State University
Northeastern University
Occidental College
Oklahoma State University
Old Dominion University
Pace University
Penn State Abington
Penn State Altoona
Penn State Beaver
Pennsylvania State University
Point Park University
Pratt Institute
Princeton University
Purdue Polytechnic Institute
Purdue University
Queen's University Belfast
Queens University of Charlotte
Quinnipiac University

Radford University
Randolph College
Randolph-Macon College
Reed College
Regent University
Rensselaer Polytechnic Institute
Rhodes College
Rider University
Ringling College of Art and Design
Roanoke College
Rochester Institute of Technology
Roosevelt University
Rutgers University
Rutgers University-Camden
Savannah College of Art & Design
Seton Hall University
Sewanee: The University of the South
Shenandoah University
Siena College
Skidmore College
South Carolina State University
St. John's College
St. Mary's College of Maryland
Stillman College
SUNY Buffalo State University
SUNY College of Agriculture and Technology at Cobleskill
SUNY Purchase College
Susquehanna University
Swarthmore College
Syracuse University
Temple University
The George Washington University
The Ohio State University
The University of Alabama
The University of Edinburgh
The University of North Carolina at Chapel Hill
Thiel College
Thomas Nelson Community College
Towson University
Trinity University
Tulane University
Union College
United States Air Force Academy
United States Coast Guard Academy
United States Military Academy
United States Naval Academy
University at Buffalo
University of Arizona
University of Arkansas
University of Bristol
University of California, Santa Cruz
University of California, Davis
University of California, Irvine
University of California, Riverside
University of California, San Diego
University of California, Santa Barbara
University of Colorado Boulder
University of Colorado Denver
University of Connecticut
University of Delaware
University of Georgia

University of Glasgow
University of Hartford
University of Hawaii at Manoa
University of Illinois Urbana-Champaign
University of Kentucky
University of Louisville
University of Lynchburg
University of Maine
University of Manchester
University of Mary Washington
University of Maryland
University of Maryland, Baltimore County
University of Massachusetts Amherst
University of Massachusetts Boston
University of Massachusetts Lowell
University of Miami
University of Michigan
University of Minnesota Twin Cities
University of Mississippi
University of New Hampshire
University of North Carolina Asheville
University of North Carolina Charlotte
University of North Carolina Wilmington
University of North Dakota
University of Pittsburgh
University of Rhode Island
University of Richmond
University of Rochester
University of San Diego
University of San Francisco
University of South Carolina
University of South Florida
University of St. Andrews
University of Tampa
University of Tennessee, Knoxville
University of Toronto
University of Utah
University of Vermont
University of Virginia
University of Virginia's College at Wise
University of Washington
University of West Alabama
University of Wisconsin-Madison
University of Wyoming
University of York
Villanova University
Virginia Commonwealth University
Virginia Military Institute
Virginia Polytechnic Institute and State University
Virginia State University
Virginia Wesleyan University
Wake Forest University
Warren Wilson College
Washington and Lee University
Washington College
Webster University
Wentworth Institute of Technology
West Virginia University
Western Colorado University
William & Mary
Winston-Salem State University
Wofford College
Worcester Polytechnic Institute